



Webinar: Behavioral Health Trends and Strategies for the Workplace

August 17, 2022 | 11:00 am EST

The pandemic isn't over... behavioral health needs to continue to evolve.

As we navigate emerging issues, HR is at the helm of leading the effort.

At this educational meeting, Carly Hoffman, Principal from Mercer's Total Health Management Practice, will lead us as we discuss behavioral health trends, benchmark best practices, explore resources for employees and employers and consider ways we can make a difference within our organizations.

When:

Wednesday, August 17, 2022

Time:

11:00 am - 12:00 pm EST

Location:



Registration:

Please [click here](#) to register via Zoom.

After registering, you will receive a confirmation email about joining the meeting.

RSVP:

RSVP by Monday, August 15.

Questions?

Email or phone Julie Motsinger, Louisville Chapter President, at Julie.Motsinger@kindred.com or by phone at 502.596.7207.



This webinar qualifies for one (1) CEBS Compliance credit.
Visit www.cebs.org/compliance for more information.

SPEAKER



Carly Hoffman, MA, LPCC

Principal

Mercer Total Health Management

Carly is a Licensed Mental Health Clinician with over 15 years of experience in program development, training, implementation, and direct patient care in a multitude of settings. Upon earning her undergraduate degree from the University of Minnesota-Twin Cities Campus, Carly continued her volunteer work with The Aurora Center for Education and Advocacy and spent time in the non-profit sector at Jewish Family and Children's Services of Minneapolis developing and implementation psycho-educational curriculum for youth, coordinating the Not Our Kids conference for clinicians and community members to better support the emotional wellbeing of community youth, and providing outreach and social opportunities for people with developmental disabilities.

Ms. Hoffman graduated from Adler Graduate School with a Master's in Clinical Counseling before her nonprofit and private practice to provide multi-modality mental health services to uninsured and underinsured populations. Ms. Hoffman went on to work at Domestic Abuse Project, developing specialization in trauma informed care, training in both EMDR and Narrative Exposure Therapy while providing direct mental health services to domestic violence survivors, providing clinical supervision for graduate level psychotherapy interns, and developing and overseeing program updates for the Intake and Women's Team programs. Carly next spent time providing care, developing programming, and coordinating the Intensive Outpatient and Partial Hospitalization Programs for eating disorder recovery patients at The Emily Program.

Most recently, Carly was on the Clinical team at Bind Benefits, where she developed the Clinical Advocacy program approach to clinical outreach for special populations. She is practiced in diversity, equity, and inclusion initiatives and strategies as well as on the payer side benefit experience in strategic mental health solutions, creating engagement with hard-to-reach populations to effect of over 70% of participants endorsing improved outlook on their condition. Ms. Hoffman resides in Minneapolis with her husband, two daughters, and dogs.