



## Webinar: Health & Welfare Regulatory Updates

**October 19, 2022**  
**12:00 pm EST**

At this educational meeting, Carl C. Lammers, Attorney at Law with Frost Brown Todd LLC, Louisville, KY 40202, will cover some of the latest health and welfare regulatory updates, focusing on updates after the Dobbs ruling, the COVID-19 deadline extension, Section 1557 proposed regulations, and the latest on the No Surprises Act.

**When:**

Wednesday, October 19, 2022

**Time:**

12:00 - 1:00 pm EST

**Location:**



**Registration:**

Please [click here](#) to register via Zoom.  
After registering, you will receive a confirmation email about joining the meeting.

**RSVP:**

RSVP by Monday, October 17.

**Questions?**

Email or phone Julie Motsinger, Louisville Chapter President, at [julie.motsinger@scionhealth.com](mailto:julie.motsinger@scionhealth.com) or by phone at 502.596.7207.



This webinar qualifies for one (1) CEBS Compliance credit.  
Visit [www.cebs.org/compliance](http://www.cebs.org/compliance) for more information.

### SPEAKER

**Carl C. Lammers, Attorney at Law**  
**Frost Brown Todd LLC, Louisville, KY 40202**

Carl advises employers in a wide variety of employee benefits and executive compensation issues, including issues arising in the merger and acquisition context. His practice includes designing and drafting nonqualified deferred compensation plans, executive incentive compensation programs, and employment and severance agreements, drafting retirement plan and health and welfare plan documents, reviewing service provider contracts, and helping employers implement employee stock ownership plans (ESOPs). Carl's practice focuses on compliance with a variety of laws, including the Employee Retirement Income Security Act (ERISA), the Internal Revenue Code, Code Section 409A, the Health Insurance Portability and Accountability Act (HIPAA), the Affordable Care Act (ACA), the Consolidated Omnibus Budget Reconciliation Act (COBRA), and related laws.

While Carl practices in all areas of the employee benefits field, he is one of the firm's main Affordable Care Act and Code Section 409A specialists. He specifically enjoys working closely with employers on designing broad-based employee benefits and compensation programs, for both executives and rank and file employees. These programs can include anything from a standard 401(k) plan to a more complicated ESOP, various health insurance plan designs, and other health and welfare benefits (dental, vision, disability, etc.) and may also include employee stock options, employment agreements, change in control agreements, phantom stock programs, and other types of compensation arrangements. He works closely with employers in the manufacturing, health care services, and private equity industries, but has experience in working in all types of industries.